

Preliminary program for Hope and Resilience in Suicide Prevention Seminar in Nuuk, Greenland, November 7 - 8, 2009



Introduction

Workshops preceding plenary presentations on day one aim to facilitate exchange of knowledge and experiences in the field of health practice and research in suicide prevention in the Arctic. Results from these workshops are to be presented on day two followed by a presentation from the Youth Seminar. This will inspire the subsequent panel discussion.

The concluding plenary session on day two aim to translate conclusions from the preceding workshops into recommendations on suicide prevention in the Arctic. The recommendations will be presented in a final report.

Friday November 6th

- 16.30-17.30 Registration at Hotel Hans Egede
- 18.00-21.00 Welcoming reception at Hans Egede House.

Saturday November 7th

	Program	Location
08.30-09.00	<p>Opening of seminar</p> <p>Moderator: Marianne Lykke Thomsen</p> <p>NIPE - Greenlandic Choir</p> <p>Agathe Fontain, Minister of Health, Government of Greenland</p>	Hotel Hans Egede
09.00-10.30	<p>Plenary session 1: Presentations from Arctic Regions</p> <p>Moderator: Gert Mulvad</p> <p>Documentation: Cecilia P. Pedersen /Christina VL Larsen/Anne Silviken</p> <p>1. "Hope and suicide prevention" Henning Herrestad, Senior Advisor, National Centre for Suicide Research and Prevention, University of Oslo</p> <p>2. "Stepping Into the Light... Community Healing"</p>	Hotel Hans Egede

Iva GreyWolf, Psychologist, South East Alaska Regional Health Consortium

3. "Community Prevention Strategies in Alaska"
William H. Hogan, Commissioner of Health and Social Services, State of Alaska

10.30-11.00	Coffee break	Hotel Hans Egede
11.00-11.30	4. "The Inuit Suicide Transition - The Data We Have, The Data We Don't Have, and Reflections On Recent Research" Jack Hicks, PhD-student, University of Greenland/Nunavut	Hotel Hans Egede
11.30-12.30	Plenary session 2: Examples of hope and resilience in practice Moderator: Gert Mulvad Documentation: Cecilia P. Pedersen/Christina VL Larsen/Anne Silviken 1. "Project Sapiik - Youth empowerment in Greenland" Naasunnguaq Jensen, FGB/Association for Greenlandic Children Inuuteq Kriegel, FGB/Association for Greenlandic Children 2. "Inuusivut and embracing life in Nunavut " Jesse Mike, Embrace Life Council, Nunavut Lori Idlout, Embrace Life Council, Nunavut	Hotel Hans Egede
13.00-14.00	Lunch	Hotel Hans Egede
14.00-17.00 (15.30-16.00 Coffee break)	Workshop 1: Health practice related to suicide prevention - Best practice and sharing of ideas Moderator: Birgit Niclasen Documentation: Anne Silviken "Alianait: What we do" Tina Price, Senior Policy Advisor, Inuit Tapiriit Kanatami "The state of suicide prevention in the Aleut region" Laresa Syverson, Youth Delegate, Aleut International Association "Canadian Inuit Community Engagement in Suicide Prevention" Dr. Patricia Wiebe, Medical Specialist in Mental Health, First Nations and Inuit Health Branch, Health Canada & Looee Okalik, Health Projects Coordinator, Inuit Tapiriit Kanatami	Hotel Hans Egede

“Inupiaq Suicide Prevention through Holistic Wellness and Inupiaq Ilitqusiat”

George Provost, M.S., Project Life Manager, Maniilaq Association

“Suicide prevention in the Northern Municipality of Greenland”

Ruth Larsen, Health Coordinator, Department of Family Services, Qaasuitsup Kommunia

Language: The presentations in this workshop will be in English with Greenlandic interpretation. The following debate will be in English only.

Workshop 2: Research and documentation - What do we know about context and preventive factors influencing suicide?

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Moderator: Gert Mulvad & Jack Hicks

Documentation: Christina VL Larsen /Cecilia P. Pedersen

"Suicide and the prevention of suicide: What the research results tell us, and how the Arctic fits in."

Jack Hicks, External Ph.D. Student, Ilisimatusarfik - University of Greenland/ Nunavut

"People Awakening Projects: Community Based Participatory Research to Develop Cultural Interventions to Prevent Suicide with Youth and Families in Remote Yup'ik Communities in Southwestern Alaska"

James Allan, Professor, University of Alaska Fairbanks

“The gender paradox in suicidal behaviour - a challenge for suicide prevention”

Cecilia Petrine Pedersen, Research Assistant, Public Health in Greenland, National Institute of Public Health, University of Southern Denmark

“Arctic living conditions; Demography and settlement structure; Economic development”

Birger Poppel, Research Project Chief, Ilisimatusarfik/University of Greenland

Language: The presentations in this workshop will be in English with Greenlandic interpretation. The following debate will be in English only.

14.00-17.00

Workshop 3: Experiences among health practitioners and social workers in Greenland

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(15.30-16.00 Coffee break)	<p>Moderator/Documentation: Jette Eistrup and Line Dahlentoft</p> <p>Participants in this workshop are invited to join workshop 1 during the presentations and subsequently have the discussion in Greenlandic.</p> <p>“Suicide prevention – experiences from Ilulissat” Astrid Olsen, Ilulissat</p> <p>"Supporting and encouraging a coherence and harmony in a mans coexistence with the milieu, by setting up reasonable and feasible goals." Markus E. Olsen, Freelance, PinngA</p> <p><i>Language:</i> Greenlandic/Danish. No interpretation into English available.</p>	
9.30-17.00	<p>Workshop 4: Youth Seminar</p> <p>The Youth Seminar is an all day meeting for youth only - please see separate program for details.</p>	Peqqissaanermik Ilinniarfik (PI), Auditorium.
17.00-19.00	Participants from the 4 workshops continue their work to prepare presentation of conclusions for Sunday sessions - Refreshments and sandwiches will be served.	Hotel Hans Egede
Sunday November 8th		
9.00-10.00	<p>Plenary session 3: Conclusions from workshops</p> <p>Moderators: Marianne Lykke Thomsen and Carl Christian Olsen Documentation: Cecilia P. Pedersen/Christina VL Larsen/Anne Silviken</p> <ol style="list-style-type: none"> 1. Presentation of conclusions from workshop 1 2. Presentation of conclusions from workshop 2 3. Presentation of conclusions from workshop 3 	Hotel Hans Egede
10.00-10.30	Coffee break	Hotel Hans Egede
10.30-12.30	<p>Plenary session 4: The youth perspective</p> <p>Moderator: Stina W. Berthelsen Documentation: Cecilia P. Pedersen/Christina VL Larsen/Anne Silviken</p> <p>Presentation of conclusions from workshop 4/Youth Seminar.</p>	Hotel Hans Egede

12.30-14.00	Lunch	Hotel Hans Egede
14.00-15.00	<p>Plenary session 5: Panel discussion between youth representatives and policy makers</p> <p>Moderators: Peter Bjerregaard & Kue Young Documentation: Cecilia P. Pedersen/ Christina VL Larsen/ Anne Silviken</p> <p>Policy makers:</p> <ul style="list-style-type: none"> · Maliina Abelsen, Minister of Social Affairs, Government of Greenland · Asii Chemnitz Narup, Mayor, Kommuneqarfik Sermersooq “Nuuk Regional Municipality” · Jack Hicks, PhD Student Ilisimatusarfik-University of Greenland/Nunavut · William H. Hogan, Commissioner of Health and Social Services, State of Alaska <p>Youth representatives (to be announced)</p>	Hotel Hans Egede
15.00-15.30	Coffee break	Hotel Hans Egede
15.30-17.00	<p>Plenary session 6: Visions, strategies and coordination – conclusions and recommendations from the seminar</p> <p>Moderators: Peter Bjerregaard & Kue Young Documentation: Cecilia P. Pedersen/Christina VL Larsen/Anne Silviken</p> <p>Concluding discussion of what we have learned and what we can conclude and recommend based on the seminar.</p> <p>Closing of seminar</p>	Hotel Hans Egede
19.00-23.00	Goodbye dinner	Hotel Hans Egede, Gertrud Rask